

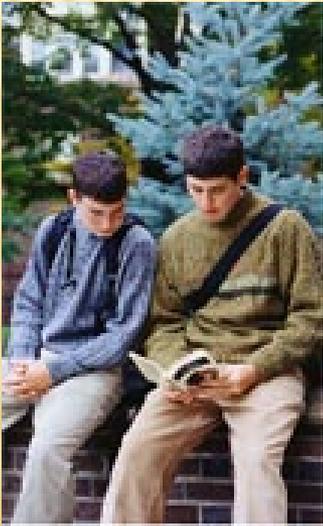
Pacific Clinics

EXCELLENCE IN BEHAVIORAL HEALTHCARE



Engaging Latino Families with Effective Mental Health Prevention and Treatment Programs

LUIS M. GARCIA, PSY.D.
MAY 31, 2013



Community Partnerships, Keys to Enriching Services

Pacific Clinics has a long history of experience in working with diverse communities in providing mental health and substance abuse services.

Our programs include:

- AB 109
- FSP Full Service Partnership
- Los Padrinos Juvenile Hall



2 LEVELS OF PARTNERSHIPS

Level One: Traditional

We partner with many local agencies and organizations. Federal, state and County.

- ❖ Law enforcement
- ❖ Schools
- ❖ Department of Children Services
- ❖ Department of Probation
- ❖ Hospitals
- ❖ Health Care Providers
- ❖ Housing Department



NON-TRADITIONAL

Grass Roots

- ❖ Beauty Salons
- ❖ Local Latino Markets
- ❖ Faith Community Churches
- ❖ City Programs
- ❖ Y.M.C.A., soccer, basketball, football, swimming, etc.
- ❖ Faith Healers (curanderos, sobadores)
- ❖ Sports Studio, e.g. dance, boxing, martial arts, etc.



Ron Artes Visits Eastmont Intermediate

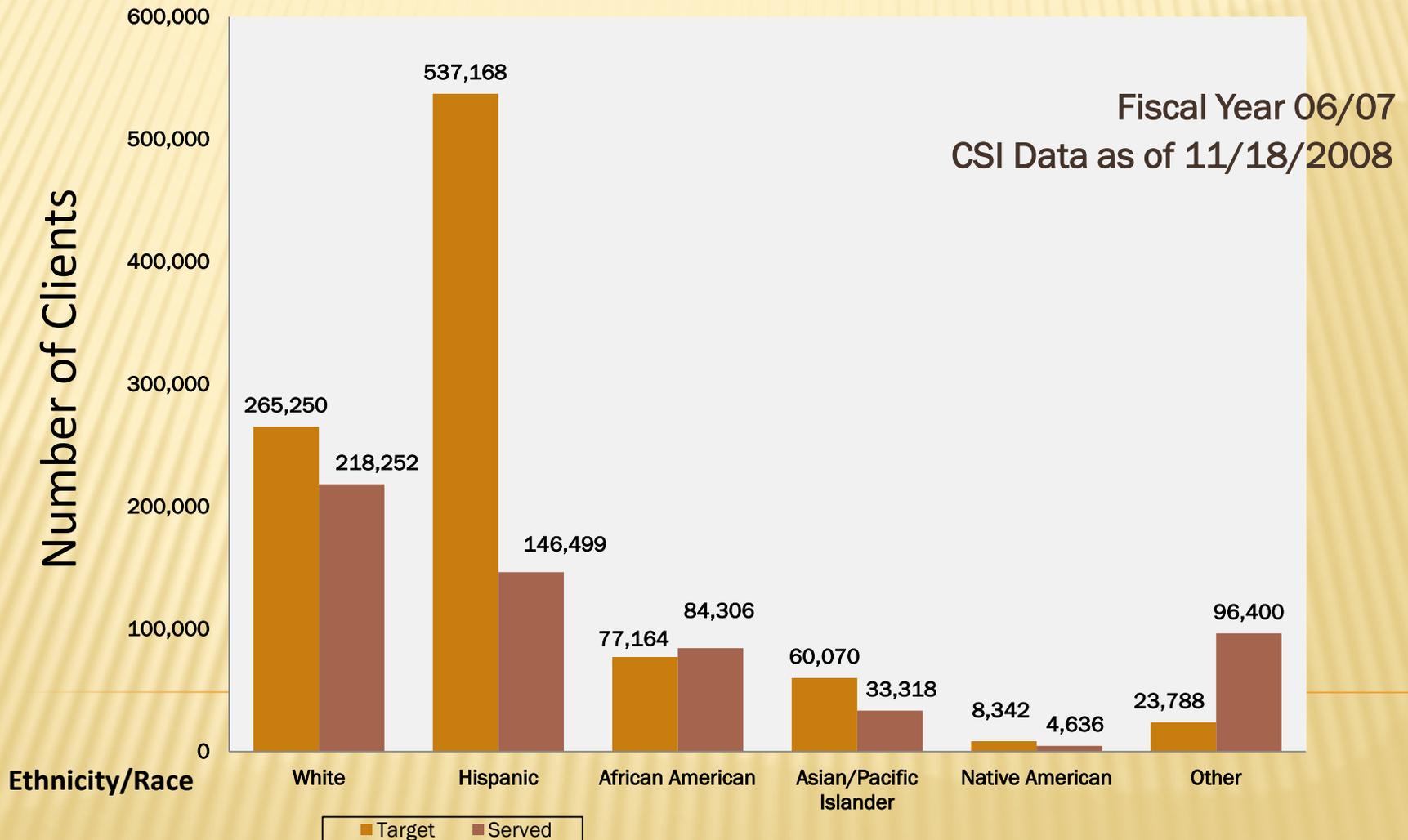




Current disparities in mental health care for Latinos are severe, persistent, and well documented (Alegria, Mulvaney-Day, Torres, et al., 2007; Alderete, Vega, Kolody, and Aguilar-Gaxiola, 2000; Vega, Kolody, Aguilar-Gaxiola, et al., 1999; Woodward, Dwinell, and Arons, 1995). Latinos have less access to mental health services than do whites, are less likely to receive needed care, and are more likely to receive poor quality care when treated.

Source: Community-Defined Solutions for Latino Mental Health Care Disparities California Reducing Disparities Project Latino Strategic Planning Workgroup Population Report, Sept 2012

Comparison of Total Client Served to (Holzer) Targets By Ethnicity/Race, Statewide

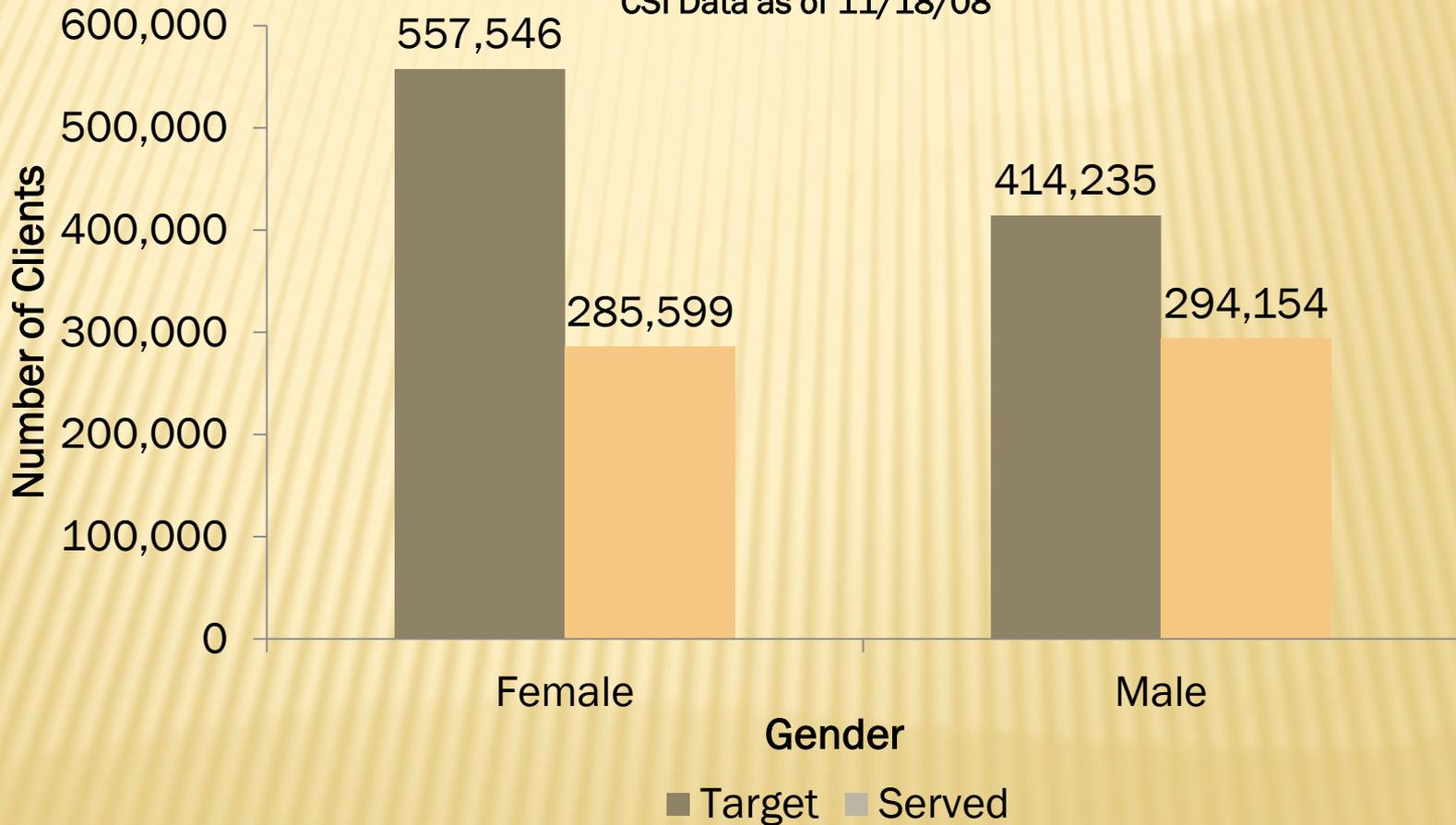


Comparison of Total Clients Served to (Holzer) Targets

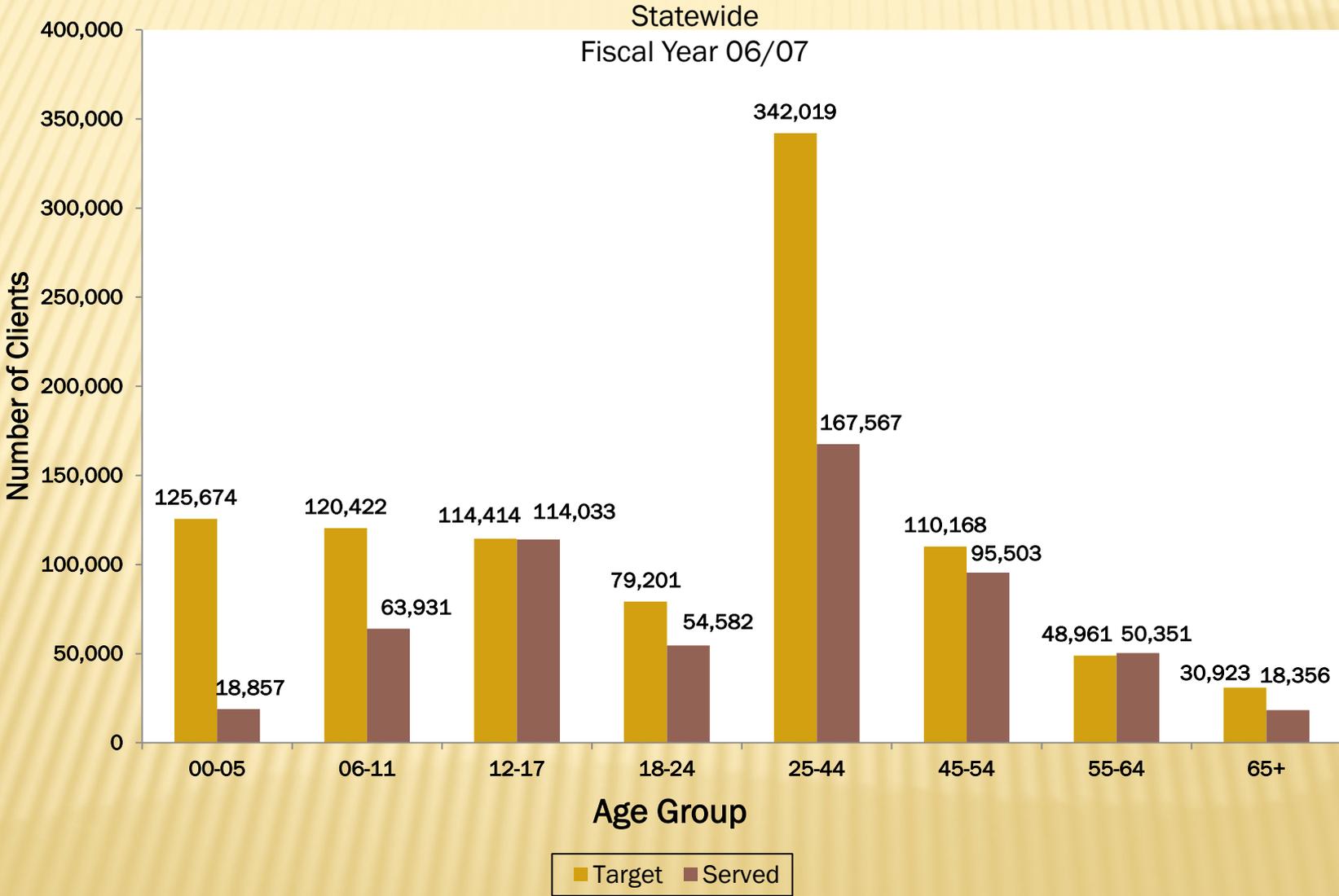
By Gender

Statewide
Fiscal Year 06/0

CSI Data as of 11/18/08



Comparison of Total Clients Served to (Holzer) Targets By Age Group



Los Padrinos Juvenile Hall

- MHS → funded by Schiff-Cardenas; started the program/services in 2003. FY 12-13 about 130 unduplicated cases
- COD → funded by DOJ started the program/services in 2008. FY 12-13 about 30 unduplicated cases

The Main Focus of Treatment is:

1. Crisis Intervention
2. Stabilization

Most of the Diagnosis are:

- Depression
- Co-occurring Disorders
- Conduct Disorders
- Anxiety

Most of the youth are very anxious,
because they are waiting for adjudication
(3 options)

- Juvenile Camp
- Residential Treatment
- Home on Probation

LATINO COMMUNITIES

Conclusions:

“The more we can assist community wide efforts in educating people through many channels, the easier it is for communities and families to understand mental illness.”

Luis M. Garcia, Psy.D., July 2006

Thank You !



Together we can make a Difference!